

Author Biography

Dr Kate Anolue

 www.twitter.com/anolue_kate

 www.linkedin.com/in/kate-anolue-99103946



About the Author

Dr Kate Anolue was born in Nigeria and moved to the UK after the devastating civil war. A former midwife, Kate studied law and became an expert in medical negligence cases, supporting her colleagues as their Royal College of Midwives' (RCM) Steward. She has given 40 years' service to the NHS.

A woman of action, duty and purpose, Kate has been a councillor for the London Borough of Enfield for over twenty years, and has served as their Mayor twice. She is currently the CEO of Tender Care Health Initiative, and the Founder and President of Forum for Africans, African Caribbean and Asian Women in Politics.

Book Synopsis

"Having lived for more than seventy years, it is about time I share my experience, expertise and wisdom with a new generation of women."

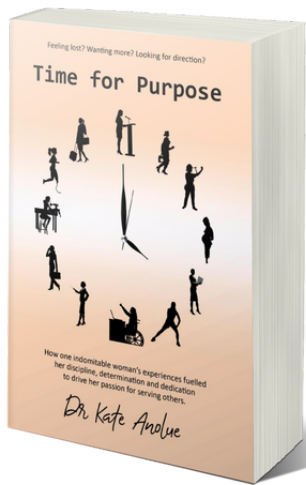
Join Dr Kate as she shares her life-changing values, philosophy and wisdom, to inspire and empower you to reach your dream!

Kate's book is an inspiring read which will spring you into action!

Advance Information Sheet

From Book Brilliance Publishing

Time For Purpose by Dr Kate Anolue



"Having lived for more than seventy years, it is about time I share my experience, expertise and wisdom with a new generation of women."

Join Dr Kate as she shares her life-changing values, philosophy and wisdom, to inspire and empower you to reach your dream!

Kate's book is an inspiring read which will help you spring into action!

ISBN:
978-1-913770-49-5

Price: £11.99

Publication Date:
22nd September 2022

Format: Paperback

Size: 229 x 152 x 8 mm
154 pages

Category:
Non-fiction; memoir; self-help; personal development

Available from Gardners, and on Amazon, online, in all good bookshops and direct from the publisher.

About the Author:

Dr Kate Anolue was born in Nigeria and moved to the UK after the devastating civil war. A former midwife, Kate studied law and became an expert in medical negligence cases, supporting her colleagues as their Royal College of Midwives' (RCM) Steward. She has given 40 years' service to the NHS.

Key Sales Points:

- Dr Kate is a pillar of the community, and a woman of action, duty and purpose. She has been a councillor for the London Borough of Enfield for over 20 years, and has served twice as the Mayor.
- Dr Kate is currently the CEO of Tender Care Health Initiative, and the Founder and President of Forum for Africans, African Caribbean and Asian Women in Politics.
- The book is divided into chapters featuring Kate's experience, wisdom and philosophy on many helpful topics, including Motivation, Mindset, and Resilience.
- Dr Kate shares her personal story throughout the book, but each chapter contains 'Your Turn...' content with Kate's advice to the reader.
- Each chapter is rounded off with "Aunty Kate's Learning Points" to drill home the chapter's important messages to the reader.
- With a foreword by H.E. Dr. O. Favour Ayodele, Nigerian Presidential Aspirant for 2023. Featuring testimonials from many leading figures, including Professor Stanley Okolo, Director General of West Africa Health Organisation; The Honourable Feryal Clark, MP for Enfield North; and Ayo Akinfe, Chairman of Central Association of Nigerians in the UK.
- An inspirational memoir which will help those searching for their self-belief, purpose and motivation.

"This is a must-read for anyone looking for the drive they need to pursue their goals in the face of adversity."

Feryal Clark MP for Enfield North



PRESS RELEASE – for immediate release

Dr Kate Anolue

Age is No Barrier to Success



One black woman, elected twice as Mayor of the London Borough of Enfield, demonstrates why determination and drive are vital to living life with purpose and meaning.

“Having lived for more than seventy years, it is about time I share my experience, expertise and wisdom with a new generation of women.”

Dr Kate Anolue – affectionately known to her local community as ‘Aunty Kate’ – is a woman of action, duty and purpose. She has been a councillor for the London Borough of Enfield for over 20 years, reflecting her desire to serve others with boundless energy despite her advancing years.

In 2007, she was overwhelmed to receive the Freedom of the Borough of Enfield.

She is currently the CEO of Tender Care Health Initiative, and the Founder and President of Forum for Africans, African Caribbean and Asian Women in Politics.

Dr Kate Anolue was born in Nigeria, the eldest of seven children, and had to give up her dream of becoming a teacher due to the devastating Civil War and then become a second mum to her siblings. As a precocious youngster, she embraced responsibilities that have always been part of her DNA

Due to her culture, she moved to the UK for an arranged marriage. During this time, she studied and became a midwife. Whilst working full-time and after having four children, tragedy struck when she suddenly became a widow when her youngest child was just 18 months old. A short time after her husband’s untimely death, she found herself being the main breadwinner and returned to work full-time.

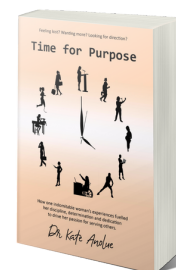
As the pillar of the community, Dr Kate could no longer sit on her experience, expertise and wisdom, and so decided, as part of her legacy, to write Time for Purpose for today’s young women, using her life lessons to bridge the generations.

Adding to her formidable achievements, Kate studied law and became the Royal College of Midwife’s (RCM) Steward at the hospital, where she was always tenaciously defending and supporting any midwives that were involved in cases of medical negligence. She has given 40 years of service to the NHS as a midwife, delivering over a thousand babies.

As a proud Nigerian, Dr Kate is proud to have the foreword written by H.E. Dr. O. Favour Ayodele, Nigerian Presidential Aspirant for 2023.

Notes:

- Time for Purpose by Dr Kate Anolue, published by Book Brilliance Publishing, 22nd September 2022, ISBN 978-1-913770-49-5, £11.99.
- Dr Kate is available for interview: k.anolue@btinternet.com
- High-res images of the cover and the author are available from the publisher: admin@bookbrilliancepublishing.com



+44 (0) 7535659791

brenda@bookbrilliancepublishing.com

www.bookbrilliancepublishing.com

www.facebook.com/book-brilliance

www.linkedin.com/company/book-brilliance-publishing

www.twitter.com/book_brilliance

